

## ENABLING GARDENING REFERENCES

Rothert, Gene. *The Enabling Garden: Creating Barrier Free Gardens*. Dallas, TX: Taylor Publishing Company, 1994.

Youmans, Kathleen. *The Able Gardener: Overcoming Barriers of Age and Physical Limitations*. Pownal, VT: Storey Communications Inc, 1992.

Pierce, John and Barnsley, Roland. *Easy Lifelong Gardening: A Practical Guide for Seniors*. North Pomfret, VT: Trafalgar Square Publishing Company, 1993

Woy, Joann. *Accessible Gardening: Tips & Techniques for Seniors & the Disabled*. Mechanicsburg, PA: Stackpile Books, 1997.

Adil, Janeed. *Accessible Gardening For People with Physical Disabilities: A Guide to Methods, Tools and Plants*. Bethesda, MD: Woodbine House, 1994.

Some of the books listed above are no longer in print. They can be obtained through community libraries, or used from internet sites such as [www.amazon.com](http://www.amazon.com).

[www.agrabilityv.missouri.edu/gardenweb/](http://www.agrabilityv.missouri.edu/gardenweb/)

This web site has extensive information on various types of enabling gardens, tools, and techniques. It has many links to related web sites.

[www.carryongardening.org.uk](http://www.carryongardening.org.uk)

This web site has information on various types of enabling gardens. It also has concise information about enabling tools. However, this site originates in the UK. Therefore, you will want to order the tools from US companies.

Internet searches using words such as: enabling gardening, accessible gardening, gardening with disabilities, and gardening with arthritis.

Chicago Botanic Garden

1000 Lake Cook Road

Glencoe, IL 60022

Visit their Enabling Garden to see raised bed and vertical gardens, hanging baskets, for easy lifelong gardening ideas.

[www.chicagobotanic.org](http://www.chicagobotanic.org)

To order "Garden for Life" Publications, Search: Garden for Life Publications at that web site.